



South East Premium Wheat Growers' Association  
PO Box 365  
Esperance, WA, 6450

Media release  
16.6.17

## 2017 SEPWA Ladies Day celebrates food and agriculture on August 11

The 2017 annual South East Premium Wheat Growers' Association (SEPWA) Ladies Day promises a wonderful celebration of agriculture in the Esperance Port Zone on Friday, August 11.

Partly sponsored by the Grains Research and Development Corporation (GRDC), the popular event this year boasts key note speaker, Anna Gare and will focus on food, innovation and passion, with the theme: *"Life is like a box of chocolates"*.

With her natural flare for cooking, Anna has become a much loved Australian. She is a chef, author and media personality with over 22 years' experience.

Most recently Anna undertook the challenging role of Judge on Junior Masterchef, a role which garnered a Logie nomination and legion of new fans across Australia. Her latest cook book *"Delicious Every Day"* will be for sale on the day.

Other fantastic speakers on the agenda include Sue Daubney who will tell the success story of Bannister Downs.

Together with her husband Mat, Sue took over the management of the Northcliffe dairy in 1988 and steadily grew it until in 2015 Gina Rinehart backed them into building a \$20M processing plant.

Sue sits on a number of boards and has won many awards both for her leadership roles and on behalf of their business.

Brianna Peake will talk about rural leadership. She joined the CBH Group in 2010 as the Grower Service Centre Manager before transitioning into Corporate Affairs as a Marketing Communications Advisor. She became a fellow of the Australian Rural Leadership Foundation in 2015.

The Lupin Companies' Rhiannon Birch will tell her story of winning *Buy West, Eat Best's* inaugural *WA Signature Dish* competition in 2014 and the super food she espouses - lupins.

Rhiannon heralds from a Coorow farm and completed a two-day mentorship at the Bistro Guillaume restaurant at Crown Perth, as part of her prize.

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Claire Gray from Tarin Rock will discuss a new Rabobank program focussing on diversity and inclusion.

Most people will know Marie Fowler, who will tell her unique story of transitioning from a busy city job in Ireland to life on a large remote family farming enterprise east of Condingup.

Helen Devenish from Esperance Psychology will provide important tips for dealing with anxiety and Tara Vermeersch, from Cascade will talk about SEPWA and her role on the Executive committee.

Local cook, Michelle Barrett will cater for a beautiful sit down lunch using fabulous recipes from Anna Gare's latest cookbook using world class Esperance produce; including delicious local handmade chocolates, fish and bread.

CBH and PlumGrove will sponsor a relaxed sundowner following the event which will showcase clever and nutritious lupin foods cooked by Rhiannon Birch.

Esperance Chalet Village has provided a fantastic door prize of 2 night's free accommodation for 4 people. The event will be held at Esperance Civic Centre and Sweet Events will style the day.

Tickets are available at TryBooking and cost \$85 for SEPWA members and \$125 for non-members. The price includes morning tea, a three course lunch, afternoon tea and the sundowner.

Registrations get underway at 9.30am and the Sundowner will start around 4.15pm. Everyone is most welcome.

For more information, you can go to the SEPWA website at [www.sepwa.org.au](http://www.sepwa.org.au) or please contact SEPWA Executive Officer, Niki Curtis at [eo@sepwa.org.au](mailto:eo@sepwa.org.au) or 0447 908 311.

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